

# VETERAN EMPLOYMENT RESOURCE GUIDE















### <u>VETERANS HEALTH ALLIANCE OF LONG ISLAND</u> "You Served You Earned"

The Veterans Health Alliance of Long Island is a collaborative effort comprised of multiple agencies aimed at serving Long Island veterans. The Alliance includes representatives from state and county government, the VA medical center, veterans' organizations, mental health and substance abuse providers, universities, and various government representatives.

The mission of the Veterans Health Alliance of Long Island is to "Promote the health and well-being of Long Island veterans and their families through advocacy and a broad array of services."



Veterans today face a variety of challenges as they seek employment and begin to transition into the civilian workforce. Many have returned from service in Iraq and Afghanistan to a difficult economic climate. Also, as fewer American employers have no prior military experience themselves, they may have a limited understanding of the talents veterans can bring to the workforce.

Veterans sometimes struggle to translate their valuable military skills to a civilian workplace.

The average age of veterans in New York State is 62, and for many, this presents a separate set of challenges when seeking employment.

We believe that veterans bring a variety of talents to the workforce, including discipline, commitment, the ability to give and receive instruction and an understanding of what it takes to work long hours. Not to mention an overwhelming sense of service and dedication!

The Veterans Health Alliance formed an Employment Task Force in an attempt to coordinate efforts among various government and non profit agencies. While one agency alone may not meet all veteran's needs, veterans are encouraged to utilize multiple agencies in order to obtain the assistance they may require. This resource guide includes agencies that can provide support with resume and interview preparation, training, and job development. Resources have been arranged in alphabetical order and specify the services they provide.

Veterans Health Alliance of Long Island Mental Health Association of Nassau County 16 Main Street, Hempstead NY 11550 Please call (516) 489-2322 ext. 1312 or 1260 for more information



### **United States Department of Veterans Affairs**

To Promote the Vocational and Community Adjustment of Veterans We Serve Vocational Rehabilitation Programs, Northport VAMC #631-261-4404

### **Programs**

### **S.E.** – **Supported Employment**, 631-609-0477

The Supported Employment team uses a personalized approach. Your Supported Employment counselor will assess your skills, abilities, strengths and experiences and will aid in the exploration of the type of job you may be looking for. Obstacles that may have made it difficult for you to work in the community will be addressed. Your Supported Employment counselor will be available to provide ongoing support and coaching while you are employed, and for as long as the assistance would be helpful to you. \*Please Note Criteria – Must have a mental health diagnosis.

### V.I. – Veterans Industries (Work Therapy Leading to Employment), 631-609-0477

Patients participating in the Substance Abuse Residential and Rehabilitation Treatment Program (SARRTP) are automatically referred for consideration for V.I. (7 months participation). If you are not in the SARRTP you may obtain a referral to V.I. by speaking to your primary counselor (5 months participation). There is no waiting list for the V.I. Program. The pay rate is \$8.00 per hour.

<u>Eligibility:</u> (1) have ongoing therapy sessions at least weekly with a primary doctor or counselor at the Northport VAMC; (2) have documented evidence of clinical stability (i.e.: at least one month of sobriety in the case of substance abuse, and/or in the case of other disabilities, successful participation of at least one month in the I.T or CWT Programs at the NP VAMC. Therapeutic goals to identify and work on include the following:

Building positive work habits and attitudes, increasing work stamina, building confidence, self-esteem and feelings of self-worth, assistance in finding programs to address other barriers to employment (i.e.: homelessness, substance abuse issues, depression, child support issues), finding healthy ways to adjust to changes in the work environment, promoting personal responsibility and independence, learning job search skills, enhancing your skills and attitudes to be able to compete and be successful in the job market

#### C.W.T – Compensated Work Therapy (Workshop/Work Therapy), 631-609-0477

CWT, piece rate work (payment received based on the volume of work produced) designed in a factory setting, is open to any Veteran with a referral from a providing team member at the NP VAMC. There is a basic assessment process used to determine if you can perform the essential duties and responsibilities of the work involved. This program can be used as a stepping stone for participation in the I.T. & V.I. Programs and even competitive employment.

### I.T. – Incentive Therapy (Work Therapy), 631-609-0477

Same as V.I. Program, except there is no time limit on this program and the pay rate is \$2.50 per hour.

### <u>P.R.R.C. – Psychosocial Rehabilitation Recovery Center (Skills Training Groups/Self-Help Activities), 631-609-0477</u>

PRRC is a recovery-based program for Veterans with mental health disorders. This program provides a supportive environment in which Veterans can develop the skills necessary to live satisfying lives and function in the community. Peer Support Technicians and Vocational Rehabilitation Specialists are embedded in this program as part of the interdisciplinary team. Any mental health clinician within the NP VAMC may refer an interested Veteran with a mental health diagnosis.

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### EAC Network Reaching People in Need 516-539-0150

EAC Network offers a variety of vocational programs that assist civilians and veterans with multiple barriers to employment such as limited and/or no work experience, a history of substance abuse, mental health disorders or criminal history. Through its programs, EAC Network provides participants with the necessary skills to obtain and retain employment, enabling them to achieve self-sufficiency.

EAC Network's Vocational Rehab Counselors work at the agencies listed below, providing vocational counseling .....

Our counselors assist persons with physical, mental, cognitive, and emotional disabilities. The counseling process involves communication, goal setting, and beneficial growth or change and/or change through self-advocacy, psychological, vocational, social, and behavioral interventions. Specific techniques and modalities utilized within this rehabilitation counseling process may include:

- -Assessment and appraisal.
- -Treatment planning.
- -Individual and group counseling treatment interventions focused on facilitating adjustments to the medical and psychosocial impact of disability.
  - -Case management, referral and service coordination.
  - -Program evaluation and research.
  - -Interventions to remove environmental, employment and attitudinal barriers.
  - -Consultation services among multiple parties and regulatory systems.
- -Job analysis, job development, and placement services, including assistance with employment and job accommodations.

EAC Out Patient, 175 Fulton Ave, 4th Fl., Hempstead, NY # (516) 486-8101

Hicksville Counseling Center, 180 Broadway, Hicksville, NY # (516) 935-6858

Port Counseling Center, 225 Main Street, Port Washington, NY #(516) 767-1133 Ext. 15

Central Nassau Guidance, 950 Oyster Bay Road, Hicksville, NY #(516) 822-4060

CSEDNY – Counseling Services of Eastern District NY, 175 Fulton Ave, 3rd Fl., Hempstead, NY #(516) 481-0052

Southeast Nassau Guidance, 3375 Park Ave., Wantagh, NY #(516) 781-1911

Southeast Nassau Guidance, 2146 Jackson Ave., Seaford, NY #(516) 679-9800

\* We also provide our clients with dress clothes/suits towards obtaining employment. Dress clothes/suits can be picked up from our Central Islip location.

We collaborate with the Huntington Chamber of Commerce Veterans Committee assisting our Veterans with gaining and obtaining employment.

EAC is a member of the Nassau County Re-entry Task Force assisting in obtaining employment opportunities for ex-offenders.

EAC is on the committee for Nassau Placement Network assisting all people with disabilities obtain employment.

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# Family Residences and Essential Enterprises, Inc. Reach High / Achieve More 108 Hoffman Lane, Islandia New York 11749 #(631)234-8694 www.familyres.org farmone@familyres.org

Family Residences and Essential Enterprises, Inc. has been working closely with the Supported Employment team at the Northport VA for the past several years, and has had numerous successful outcomes across a range of occupations. The majority of these job placements have been at FREE, but some have also occurred with FREE's transportation partner, Rides Unlimited. Rides Unlimited also offers no-cost CDL training for those veterans interested in driving as a career.

### Individual Readiness, LLC Bernadette Ann Fackovec, MSW, USAF Veteran (516) 965-7029

### Individualreadiness@yahoo.com

Individual Readiness provides tailored resume writing to enhance veterans career marketability,
provides exceptional military skills translation for the corporate and civilian workforce and also
specializes in providing interview coaching and job preparedness for all military veterans.

### Suffolk County Department of Labor Veterans Employment 190 Ocean Avenue, Patchogue NY 11772 #631-687-4860 sc.dol@suffolkcountyny.gov

### **Suffolk County One-Stop Employment Ctr.**

725 Veterans Memorial Highway, Hauppauge, New York 11788, # 631-853-6600 Brings together both employers and job seekers, providing a comprehensive approach to the job search.

Patchogue has a number of workshops on topics such as resume writing and improvement,
nterviewing skills, social media and transferable skills. A large resource room is available
quipped with computers, fax machines, photocopiers and printers – all available at no charge.
The staff is able to conduct individual interviews with customers who need additional assistance
n looking for job referrals.

### Suffolk County United Veterans Supportive Housing Program A project of The Association for Mental Health and Wellness 32 Mill Rd. Yaphank N. Y. 11713 #(631) 924-1601

Suffolk County United Veterans is a supportive housing program that provides housing and supportive services for homeless veterans and veterans at risk with substance abuse issues and mental health disorders. At SCUV we utilize a community based environment where the veteran can receive the support he needs to become an independent and productive member of society.

Support services are aimed at helping veterans achieve their goals. These services include case management with social workers and/or transportation to scheduled appointments. There is a pantry to assist veterans in need of food and peer support groups are held weekly by The PFC. Joseph P. Dwyer Veterans Peer Support Project allowing all veterans to come together and provide support and encouragement to one another.

#### Disability Job Training Program

This program is for veterans on disability that want to try and return to the workforce. SCUV feels that vital to long term stability, we have to help each veteran identify personal interests, strengths, skills and barriers while making connections to opportunities and resources. This includes veteran benefits, gainful employment, specific job training, or advanced education.

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# Nassau County Department of Social Services Employment Unit 60 Charles Lindbergh Blvd., Uniondale, NY 11553-3656 516-227-8656

The Nassau County Department of Social Services can provide a variety of support services to Nassau County residents including housing, benefits and emergency aid. The Nassau County Department of Social Services can also provide assistance related to employment.

### **Job Search Class (Monthly)**

Includes assistance and guidance on resume writing (free resources, templates and personal assistance), job leads, the job search (both in person and online) dress codes (community resources provided to obtain professional clothing either free or at a very low cost)

#### **Core Job Search Class (Weekly)**

Workshops on resume writing, interviewing techniques and follow up, mock interviews in preparation for actual job interviews

The Nassau County Department of Social Services employment unit has established a working relationship with several community business leaders. They currently have a database of over 500 employers with whom they work with. Presently, they are working with Citibank on a mentoring program which includes interviews for current job openings.

# United Veterans Beacon House, INC. Proudly Serving Our Nation's Veterans since 1994 1715 Union Blvd. Bay Shore, NY 11706 #(631) 665-1578 WWW.UVBH.COM

<u>VetsBuild:</u> Free Green Jobs training program preparing Veterans for employment in the emerging green jobs industry. Receive training in weatherization and energy efficiency @ United Way of Long Island's state of the art E3 training center. Receive one to one assistance with counseling & job placement. For more information call 631-665-1571

Military Family Initiative Program: Dedicated to assisting OEF/OIF/OND veterans and their families with employment assistance & referrals for supportive services. This program provides the veteran and their family with vocational counseling, resume preparation assistance & job search assistance. This program is funded by United Way of Long Island. For more information please call 631-665-1571

Homeless Veteran Reintegration Program - HVRP: The program is "employment focused" and veterans receive the employment and training services they need in order to re-enter the labor force. Job placement, training, job development, career counseling, resume preparation, are among the services that are provided. For more information please call 631-665-1571